



Dear Parents & Carers,

This week we have enjoyed Keeping Healthy Week. Children in school have had the opportunity to take part in a range of health focused and non contact sporting activities. This has included a 15 minute fitness focus and the study of famous sporting personalities including Serena Williams, Mo Farah and Nicola Adams. We hope those of you learning at home were able to take part in the virtual sports challenges on the home learning pages of the website. Don't forget to send your video clips and photographs to the home learning email address!

Our school Governors have now held their termly meeting. They have agreed the schools budgets and have discussed the risks related to the pandemic and the current offer to pupils. The Governing Body continue to receive regular updates both from Hackney Learning Trust and the school about the changing educational situation and response to COVID 19.

Following Government guidance, we have explored ways we can offer in school provision to some pupils in Years 2, 3, 4 and 5 for the remainder of the term. A small number of additional learning pods have been created to support this. We take the safety of all of our staff and children very seriously and have carefully evaluated how we can do this safely. Classrooms are organised to ensure a safe distance is observed, all pupils and staff in school are following safe hygiene routines and an increased cleaning programme is in place. If your child is not currently attending but you would like them to, please contact the school office to discuss this.

As a result of the partial closure, ongoing social distancing restrictions and the weekly telephone communication with families, our final parents evening of the year will not be taking place and summer term reports will not be issued. Please do make use of the weekly communication with school to talk about learning and how you can continue to support throughout the rest of the term and summer holiday in preparation for the new academic year and a return to school.

Thank you for your on-going support during this time.

Mr Stephen O'Brien
Headteacher

Ms Rachel Davie
Executive Headteacher

SLIMY SCIENCE



Year 4 are learning about 'States of Matter' in Science this half term. The children in the Year 4 learning pod carried out an experiment with water and cornflour. When water and cornflour are mixed the particles move around each other easily and flow like a liquid. However, if you apply a sudden force, like stirring or hitting the liquid quickly, the particles 'jam' together not allowing the water to lubricate the particles and so the mixture appears like a solid. If you would like to have a go at home go to:

<https://sciencebob.com/oobleck-the-corn-starch-and-water-experiment/>

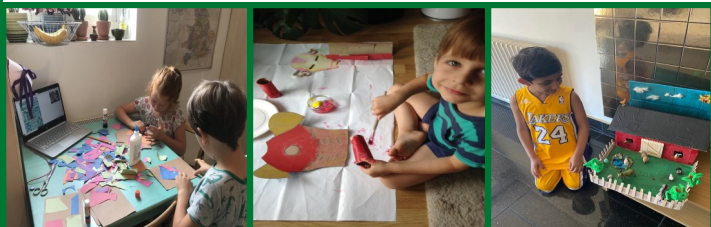
YEAR 6 SCULPTORS

Children in the Year 6 learning pod have been using clay to make sculptures based on those by Henry Moore. Henry Moore is best known for his semi-abstract monumental bronze sculptures of the human figure. When working with the clay the children practiced the following skills: squeezing, pinching, carving, smoothing and carving. It is thought that working with clay promotes self-confidence, encourages self-expression and develops problem-solving skills. If you would like to have a go at home, you can buy clay online or in the supermarkets for as little as £4.



HOME-LEARNING

Over the past two weeks, we have had a range of learning tasks shared via our school learning email and through Key Stage 2 Google Classroom. These have linked to life-cycles, volcanoes and also a range of practical science experiences. Don't forget to send pictures of your home learning to: southwoldhomelearning@vs.hackney.sch.uk



KINDNESS ASSEMBLY

Last week children in school tuned in to watch The Duchess of Cambridge leading an assembly focusing on the theme of kindness and mental wellbeing. The Duchess encouraged those experiencing difficult emotions to talk to someone, such as a family member, friend or teacher, to feel a bit better. She told her viewers 'You can all play your part in helping others to feel better too, whether offering a friendly ear, or helping someone in need.' At this time, it's important to remember how small acts of kindness can go such a long way.



TALKING ABOUT RACISM

As educators we are here to support you to challenge, without fear, those who discriminate and oppress and we strive to empower a voice to those less heard. In light of recent events around the world, Unicef have put together some tips about how to approach the subject of racism in a child-friendly way. These include:

1. Recognising and celebrating differences
2. Be open
3. Use fairness
4. Be curious
5. Discuss the media together
6. Ask questions
7. Encourage action



More information can be found at:

[https:// www.unicef.org/parenting/talking-to-your-kids-about-racism](https://www.unicef.org/parenting/talking-to-your-kids-about-racism)

WELLBEING AND EMOTIONAL HEALTH

Emotional wellbeing describes how you are feeling and how well you manage day to day life. This can change from moment to moment, day to day, month to month or year to year.

If you have positive emotional wellbeing, you are able to feel confident, express a range of emotions, build and maintain good relationships with others, feel engaged with the world around you, live and work productively, cope with the stresses of daily life and adapt in times of change and uncertainty. The five ways to well being are:

1. **Connect** — talking and listening to others creates focus
2. **Be Active** — having a daily exercise routine creates purpose
3. **Take Notice** — looking and listening to the world creates awareness
4. **Learn** — new learning creates empowerment
5. **Give** — helping others creates happiness

How have you supported your wellbeing today?



Key Dates

Summer Term 2020

Half Term Holiday:

Monday 25th May to Friday 29th May

Children's Start Date:

Monday 1st June

End of Term Finish Date:

Friday 17th July at 2pm

Autumn Term 2020

Children's Start Date:

Monday 7th September

Half Term Holiday:

Monday 26th - Friday 30th October

Children Start Date:

Monday 2nd November

Parents Evening:

Thursday 10th December

Finish Date:

Friday 18th December at 2pm

Spring Term 2021

Staff Training Day:

Monday 4th January

Children's Start Date:

Tuesday 5th January

Work & Enterprise Week:

beginning 18th

January

Half Term Holiday:

Monday 15th February – Friday

19th February

Children's Start Date:

Monday 22nd February

Science & Technology Day

(with Science Fair): Friday 19th

March

Parents Evening:

Thursday 25th March

End of Term Finish Date:

Thursday 1st April at 2pm

Southwold Primary School
Detmold Road London E5 9NL

Tel: 020 8806 5201