

APRIL TO
OCTOBER 2025



WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Mild Chilli Beef Bean Chilli VG Tomato & Herb Penne Pasta 1 VG Rice, Mixed Peppers, Peas Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pesto Pasta Shells 1,7 Rice & Bean Burrito 1 VG Jackets with a Choice of Toppings 7,8,9 Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy 1 VG Mediterranean Pasta Shells 1 VG Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Margherita Pizza 1,3,7 V Loaded Cajun Bean Wedges VG Jackets with a Choice of Toppings 7,8,9 Rainbow Pasta 1, Sweetcorn, Coleslaw 9 Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 or Salmon Fish Cake 1,7,8 Cheese & Tomato Pinwheel 1,7 V Mushroom Carbonara Pasta 1,7 V Chips, Peas, Baked Beans, Cucumber Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG
WEEK TWO	Vegetable Nuggets with Katsu Sauce 1VG Onion Bhajis with Katsu Sauce VG Jackets with a Choice of Toppings 7,8,9 Rainbow Rice, Carrots, Peas Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Beef & Onion Pie 1 Meatfree Meatballs & Gravy 1 VG Cheesy Pasta Twists 1,7 V Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Roasted Vegetable Hot Pot VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes or Jollof Rice Broccoli, Carrots Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	BBQ Pulled Chicken Loaded Wedges Sweet & Sour Vegetables & Wedges VG Tomato Spaghetti 1 VG Cauliflower, Coleslaw 9 Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Tuna Penne Pasta 1,7,8 Margherita Pizza 1,3,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Grated Carrot Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE	Beef Bolognese Pasta Shells 1 Cheese & Pesto Turnover 1,7 V Jackets with a Choice of Toppings 7,8,9 Baked Wedges Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Caribbean Chicken Curry Cheese & Bean Pocket Wrap 1,7 V Herby Tomato Penne Pasta 1 VG Rice, Green Beans, Carrots Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Samosa Puff 1 VG Pesto & Pea Penne 1,7V Rustic Roast Potatoes or Jollof Rice, Cabbage, Swede Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Macaroni Cheese 1,7 V Coconut & Spinach Biryani 6 VG Jackets with a Choice of Toppings 7,8,9 Cauliflower, Mixed Peppers Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Chicken Bites 1 Cheese & Cauliflower Nuggets 7 V Pesto Pasta Bake 1,7 V Chips, Peas, Sweetcorn, Coleslaw 9 Ginger Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

NPPasta/Jacket Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

